

Activity	
Daily	
60	<p>Wake up, make your bed, eat breakfast and get ready for an awesome day! And yes, change out of those pajamas :)</p>
30-60 min	<p>MATH (Daily Math Practice. Let's start strong with some serious math brain training. Remember your brain is like a muscle, the more you use it the stronger it gets!)</p> <p>~IXL Math-master 2-4 assigned Math skills-check your ixl account to work on these. Contact your Math teacher if you have questions about where to start or how to work on concepts. Check Google classroom for instructions.</p> <p>~15 minutes daily or 60 minutes a week of Khan Academy math practice. Depending on level, one of the following courses are likely appropriate:</p> <ul style="list-style-type: none"> • 6th grade math • 7th grade math • 8th grade math • Algebra I • Geometry
60 min	<p>Go for walk/run.</p> <p>Exercise!</p> <p>Youtube JustDance/workouts if weather is bad.</p>
30-60 min	<p>LANGUAGE ARTS</p> <p>~Google classroom-check for assignments and work to master/finish</p> <p>~Independent Reading Time; make progress on novel work.</p> <p>~Work on IXL based on teacher recommendations</p>

	<p><i>~ Contact your Language Arts teacher via email or through Google Classroom if you have questions on what books to choose or where to start.</i></p> <p>ARBookfind.com</p>
<p>30-60</p>	<p>Lunch break</p>
<p>30-60 min</p>	<p>ART/PERSONAL INTEREST RESEARCH/EXTRA WRITING PRACTICE</p> <p><i>~Art-Complete one sketch over the course of a week</i></p> <p><i>~Research something that you are interested in learning more about</i></p> <p><i>~Journaling/Writing</i></p> <p><i>Things to write about:</i></p> <ul style="list-style-type: none"> • <i>What would you do? Research how the virus spreads and different plans that leaders have made to slow it or stop it. Then imagine you are an elected official. Write a plan of your own to slow or stop the virus in your own town.</i> • <i>What are you excited or worried about?</i> • <i>Write a letter to yourself 10 years in the future. What do you want to tell your future self?</i> • <i>How do you think the world will be different after the novel coronavirus?</i>
<p>30-60 min</p>	<p>SCIENCE/SOCIAL STUDIES</p> <p><i>~Check online for Google Classroom assignments and work on them throughout the week.</i></p> <p><i>~ixl-check for assignments assigned by your teacher(s) Contact your teacher if you have questions about what you are working on via email.</i></p>
<p>Rest</p>	<p><i>Relax, Go outside, Work on passions, Time with family, Find new hobbies, Learn to do something new, Help around the house, Clean & Stay Healthy!</i></p>