



Packing List- Updated 2/17/2020

Baggage Allowance

Recent baggage allowance for both international and domestic flights is one piece of luggage, 50 pounds and a maximum total dimension of 62 inches. The restriction for carry-on baggage is 26 pounds and the maximum dimensions for luggage is 21x16x8 inches. Check on luggage is limited to 50 Pounds and 1 per passenger with out a charge.

Check List

One of the keys to a successful adventure is having just the right amount of clothing and equipment. Below is a list that will cover all your dressing and supply needs. There will be a washer and dryer at the homes we are staying in.

<p>Baggage</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Suitcase or Duffle Bag – One suitcase is good for keeping clothing and personal essentials in. Students must be able to carry all luggage by themselves. <input type="checkbox"/> Water Resistant Day Pack – Small backpack for day hikes and daily activities. <input type="checkbox"/> Laundry Bag
<p>Basic Clothing</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Sneakers & hiking shoes – Two pair of shoes. Sneakers or hiking boots or one of each <input type="checkbox"/> Water Shoes-for Kayaking <input type="checkbox"/> Long pants – 3 to 4 pairs (can be worn all day) <input type="checkbox"/> Capris or shorts-1 to 2 pairs (must meet length requirement) <input type="checkbox"/> Short sleeved shirts – 2 or 3 t-shirts (non-offensive & appropriate) <input type="checkbox"/> Long sleeved shirts – 2 to 3 warmer layer shirts <input type="checkbox"/> Coat/Rainy weather layer – Waterproof jacket; it will be cool in evenings and it may rain. <input type="checkbox"/> Warm Layer/Fleece/Sweater – your primary warm layer <input type="checkbox"/> Hat – wide brim is good, baseball hats are acceptable, both for comfort and protection from the sun <input type="checkbox"/> Socks & underwear – 5 to 6 pairs (cotton ok) One pair each of water resistant if possible. <input type="checkbox"/> One pair of water resistant pants- The day we go to the amusement park they will have the opportunity to ride a log ride in which they will get very wet.
<p>Basic Essentials</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Rain jacket – something to protect you from the rain. We may have rain for part of the day and we will continue to do the day’s activities. <input type="checkbox"/> Water bottle – Pack in check-in luggage. We have some for sale at the SPOT. <input type="checkbox"/> Sunscreen – SPF 30 or higher <input type="checkbox"/> Toiletries – toothbrush, toothpaste, shampoo, lotion, brush, deodorant, razors, feminine hygienic products. <input type="checkbox"/> Towel <input type="checkbox"/> Camera (optional) can use phone. <input type="checkbox"/> Phone charger <input type="checkbox"/> Power adapter <input type="checkbox"/> Money & document pouch- Can pick up at Walmart. Used to conceal under clothing. <input type="checkbox"/> Sunglasses <input type="checkbox"/> Contact lenses & solutions- Only if absolutely necessary. <input type="checkbox"/> Umbrella- small compact one.

