



Your cafeteria is managed by
Canteen of Central New Mexico

October 2025 Breakfast

Canteen of Central New Mexico is an equal
opportunity provider and employer.

** = Grab N Go

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		10/1/25 Mini Cini – 1 each Fruit- Banana- 1 each Milk-1 each	10/2/25 Blueberry Donut Holes- 1 each Fruit- Apple- 1 each Milk-1 each	10/3/25 Yogurt-1 each Animal Crackers-1 each Fruit-Orange 1 each Milk-1 each
10/6/25/25 PARENT TEACHER CONFERENCES No In Person School	10/7/25 PARENT TEACHER CONFERENCES No In Person School	10/8/25 REMOTE LEARNING DAY No In Person School	10/9/25 REMOTE LEARNING DAY No In Person School	10/10/25 REMOTE LEARNING DAY No In Person School
10/13/25 INDIGENOUS PEOPLE'S DAY No In Person School	10/14/25 Powdered Donut Holes- 1 each Fruit-Honeydew-1 each Milk-1 each	10/15/25 Eggo Pancakes- 1 each Fruit-Banana-1 each Milk-1 each	10/16/25 Cherry Frudel- 1 each Fruit- Apple- 1 each Milk-1 each	10/17/25 Yogurt-1 each Animal Crackers-1 each Fruit-Orange 1 each Milk-1 each
10/20/25 Eggo Waffle-1 each Fruit-Pear 1 each / Juice-1 each Milk-1 each	10/21/25 Cinnamon Roll- 1 each Fruit-Honeydew-1 each Milk-1 each	10/22/25 Frudel – 1 each Fruit-Banana-1 each Milk-1 each	10/23/25 Eggo French Toast – 1 each Fruit- Apple- 1 each Milk-1 each	10/24/25 Bagel-1 each Cream Cheese- 1 each Fruit-Orange 1 each Milk-1 each
10/27/25 Coco Puffs- 1ea Fruit-Pear 1each / Juice-1each Milk-1each	10/28/25 Apple Frudel- 1 each Fruit-Honeydew-1 each Milk-1 each	10/29/25 Mini Cini – 1 each Fruit- Banana- 1 each Milk-1 each	10/30/25 Blueberry Donut Holes- 1 each Fruit- Apple- 1 each Milk-1 each	10/31/25 Yogurt-1 each Animal Crackers-1 each Fruit-Orange 1 each Milk-1 each

October 2025 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		10/1 BBQ Shredded Chicken Sandwich-1/4cup Veg. – Baked Beans Fruit-Mangos Grain-WW Hamburger Bun- 1 each	10/2 Refried Bean & Cheese Burrito- 1/2 cup Veg.-Broccoli Fruit-Peaches Grain-Tortilla- 1 each Picante Sauce-1oz	10/3 Chicken Fried Steak w/ Country Gravy-1 each/ 1/4 cup Veg.-Whip Potatoes Fruit-Blueberries Grain-Wheat Roll-1 each
10/6/25/25 PARENT TEACHER CONFERENCES No In Person School	10/7/25 PARENT TEACHER CONFERENCES No In Person School	10/8/25 REMOTE LEARNING DAY No In Person School	10/9/25 REMOTE LEARNING DAY No In Person School	10/10/25 REMOTE LEARNING DAY No In Person School
10/13/25 INDIGENOUS PEOPLE'S DAY No In Person School	10/14 Glazed Baked Ham- 1 each Veg.-Carrots Fruit-Pineapple Grain-Wheat Roll -1 each	10/15 Soft Chicken Taco- 1/4 cup Veg.-Pinto Beans Fruit-Mangos Grain-WW Tortilla-1 each Cheese-1oz Picante Sauce-1 oz	10/16 Bow Tie Lasagna- 3/4 cup Veg.-Mixed Vegetables Fruit-Peaches Grain- Garlic Breadstick-1 each	10/17 Refried Bean & Cheese Burrito- 1/2 cup Veg.-Corn Fruit-Peaches Grain-Tortilla- 1 each Picante Sauce-1oz
10/20 Papa John's Pizza-1 each Veg.-Carrots Fruit-Strawberries Grain-Included in Entree Ranch Dressing-1 oz	10/21 Grilled Chicken Parm. -1 each Veg.-Peas Fruit-Pineapple Grain-Dinner Roll-1 each	10/22 Frito Pie-1/4 cup Veg.-Pinto Beans Fruit-Mangos Grain-Tortilla -1 each Picante Sauce-1 oz	10/23 Orange Chicken-3/4 cup Veg.-Broccoli Fruit-Peaches Grain-Biscuit-1 each	10/24 French Toast Sticks-3 each Sausage Patty-1 each String Cheese-1 each Veg.-Tator Tots Fruit-Strawberries Grain-Included in Entrée
10/27 Papa John's Pizza- 1each Veg.-Broccoli Fruit-Strawberries Grain-Included in Entree Ranch Dressing-1 oz	10/28 Cheeseburger Casserole-6oz Veg.-Mixed Vegetables Fruit-Pineapple Grain-Dinner Roll-1 each	10/29 BBQ Shredded Chicken Sandwich-1/4cup Veg. – Baked Beans Fruit-Mangos Grain-WW Hamburger Bun- 1 each	10/30 Refried Bean & Cheese Burrito- 1/2 cup Veg.-Broccoli Fruit-Peaches Grain-Tortilla- 1 each Picante Sauce-1oz	10/31 Chicken Fried Steak w/ Country Gravy-1 each/ 1/4 cup Veg.-Whip Potatoes Fruit-Blueberries Grain-Wheat Roll-1 each

¼ Cup 3-5 yr. Fruits & Veggies ½ Cup= K-8 ½ cup Fruit ¾ Veggies 1 Cup= HS Fruits & Veggies
Scratch Cooked All meals will be served with whole milk, 2% or low-fat chocolate milk